

A background photograph of several dairy cows in a barn. The cows are black and white, with some having pink and yellow ear tags. The image is slightly faded to allow the text to be prominent.

Milk Taste Test Activity Packet

Name

Milk Taste Test Activity

1. Taste the milk that correlates with the appropriate letter.
2. Score each milk 1-5 based on the attributes.
3. Take notes after tasting each milk.
4. Figure out your highest scoring milk.
5. The identity and nutrients of each labeled milk will be revealed at the very end.



Milk Taste Test Activity.

Milk choices include: whole, lactose-free whole, skim, soy, almond, coconut, oat, and pea.

Scoring for each milk:

1. Spit it out 2. Drank it 3. Took two sips 4. Fill my glass 5. Give me the carton!

Milk A (I think it's _____Milk)

Appearance: 1 2 3 4 5

Aroma: 1 2 3 4 5

Texture: 1 2 3 4 5

Taste: 1 2 3 4 5

Total Score: _____

Notes: _____

True Identity: _____

Milk B (I think it's _____Milk)

Appearance: 1 2 3 4 5

Aroma: 1 2 3 4 5

Texture: 1 2 3 4 5

Taste: 1 2 3 4 5

Total Score: _____

Notes: _____

True Identity: _____

Milk C (I think it's _____Milk)

Appearance: 1 2 3 4 5

Aroma: 1 2 3 4 5

Texture: 1 2 3 4 5

Taste: 1 2 3 4 5

Total Score: _____

Notes: _____

True Identity: _____

Milk D (I think it's _____Milk)

Appearance: 1 2 3 4 5

Aroma: 1 2 3 4 5

Texture: 1 2 3 4 5

Taste: 1 2 3 4 5

Total Score: _____

Notes: _____

True Identity: _____

Milk Taste Test Activity.

Milk choices include: whole, lactose-free whole, skim, soy, almond, coconut, rice, and pea.

Scoring for each milk:

1. Spit it out 2. Drank it 3. Took two sips 4. Fill my glass 5. Give me the carton!

Milk E (I think it's _____Milk)

Appearance: 1 2 3 4 5

Aroma: 1 2 3 4 5

Texture: 1 2 3 4 5

Taste: 1 2 3 4 5

Total Score: _____

Notes: _____

True Identity: _____

Milk F (I think it's _____Milk)

Appearance: 1 2 3 4 5

Aroma: 1 2 3 4 5

Texture: 1 2 3 4 5

Taste: 1 2 3 4 5

Total Score: _____

Notes: _____

True Identity: _____

Milk G (I think it's _____Milk)

Appearance: 1 2 3 4 5

Aroma: 1 2 3 4 5

Texture: 1 2 3 4 5

Taste: 1 2 3 4 5

Total Score: _____

Notes: _____

True Identity: _____

Milk H (I think it's _____Milk)

Appearance: 1 2 3 4 5

Aroma: 1 2 3 4 5

Texture: 1 2 3 4 5

Taste: 1 2 3 4 5

Total Score: _____

Notes: _____

True Identity: _____

Milk Taste Test Activity.



My Highest Scoring Milk:

Milk _____ with _____ points

Which milk is it? _____

**Don't forget to also couple this
activity with
"Cow's Milk:
The Natural Choice Comparing
Milk Alternatives Brochure"**



arizonamilk.org
nevadamilk.com