Myth Busting: Cow Care

FOOD

Cows have their own personal chefs (well. . .sort of)! Farmers work with cownutritionists to make a cow's diet. Cows are great recyclers and enjoy old fruits, veggies, and bakery items!

WEATHER

The weather in the southwest can be hot!
Farmers use fans, misters, and shade to help keep the cows feeling cool even in the summer time.

HEALTH

There are veterinarians that work closely with dairy farms to make sure the cows are healthy and happy. If a cow gets sick, the farmer and veterinarian work to improve the health of the cow and separate them from the herd, so that sickness doesn't spread.

MILK

Milk that has been collected from dairy cows gets tested at every stage of the process before it reaches the stores so there are no risks for foodborne illness.

CALVES

Male calves will grow up on beef farms and female calves will grow up on dairy farms. Each farmer takes great care of their animals to give them a stress-free and comfortable life.

IN STORES

Milk that is purchased at grocery stores have no added hormones. Vitamins A & D are really the only additives to milk.



Farm Animal Welfare | U.S. Dairy. www.usdairy.com. https://www.usdairy.com/sustainability/animal-care The Facts About Hormones In Milk | GonnaNeedMilk. Balanced Nutrition By Milk. https://gonnaneedmilk.com/articles/facts-about-hormones-milk/



The Farm to Table Story: How Arizona Dairy Products are Made. Arizona Milk Producers. https://arizonamilk.org/local-dairy/farm-to-table/



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