



# From Farm to School

Rusher visits a Nevada Dairy Farm



Rusher always wondered where milk comes from, so he decided to visit a Nevada Dairy Farm and find out. Rusher wanted to pass along what he learned.

## 1. Farm Families



It all starts with dairy farmers. Nevada is home to 23 dairy farm families who take pride in caring for their cows, land, and producing safe, nutritious milk.

## 4. Inspection



EVERY tank of milk undergoes a safety inspection before it leaves the farm.

## 2. Cow Care



Cows eat about 90 pounds of nutritious feed and drink 30-50 gallons of water each day! Then, they rest on comfortable bedding.

## 3. Milking Parlor



Cows are milked two or three times a day. A milking machine gently removes the milk from the cow's udder. Did you know cows give up to 90 glasses of milk each day?

## 5. Transportation



Milk is picked up from the farm in large insulated trucks so it stays below 40 degrees. At the processing plant, it is tested, pasteurized and made into your favorite dairy foods!

## 6. Enjoy at School



Did you know milk travels less than 100 miles to get from cow to you? That's fast, fresh, and local!

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